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Monthly Ayurveda Bulletin

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ॐ सर्वे भवन्तु सुखिनः। सर्वे सन्तु निरामयाः। सर्वे भद्राणि पश्यन्तु। मा कश्चित् दुःख भाग्भवेत्॥
ॐ शान्तिः शान्तिः शान्तिः ॥

Let all be Happy! Let all be Healthy!
Let all experience auspiciousness! Let no one be overwhelmed by grief!
OM Peace Peace Peace ॥



Launch of Y-Break App



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal launched Y-Break App on September 1, 2021 to commemorate Azadi Ka Amrit Mahotsav. On the occasion, Shri Sonowal said that Yoga is now popular worldwide. It has reached almost every part of the globe. People practice Yoga in some form or the other for spiritual or health purposes.



and help them de-stress at the workplace.



On this occasion, Shri Kiren Rijiju, Minister of Law and Justice said to Never take health lightly. Everyone must remain fit & healthy especially those who are working. Yoga Break App at workplace launched by the Ministry of Ayush is an amazing app and very convenient as well as useful for health & well being.



"The Yoga Break app has been devised to de-stress, refresh & re-focus individuals at workplace. The concept of Y-Break is relevant to working professionals all over the world. It's been carefully developed by eminent experts & a tested protocol"- Hon'ble Minister of Ayush, Shri Sarbananda Sonowal.

Launch of Distribution Campaign of Prophylactic Ayush Medicines for COVID-19 and Guidelines on Diet & Lifestyle



Hon'ble Minister of State, Ayush, Dr. Mahendra Munjapara launched the Distribution Campaign of Prophylactic Ayush Medicines for COVID-19 and Guidelines on Diet & Lifestyle on September 2, 2021.

Medicinal plants to be cultivated on 75-thousand-hectares of land in India

The National Medicinal Plants Board (NMPB), Ministry of AYUSH has launched a national campaign to promote cultivation of medicinal plants in the country as part of the Azadi Ka Amrit Mahotsav.

This will help in increasing the income of farmers and realize the dream of Green India. Under this campaign, cultivation of medicinal plants will be done on 75,000 hectares of land in the next one year across the country. The program has been started from Saharanpur in UP and Pune in Maharashtra. This program is second in the series of programs being organized by the Ministry of Ayush under the 'Azadi Ka Amrit Mahotsav'.

In Pune medicinal plants were distributed to the farmers. Those who were already cultivating medicinal plants were felicitated. Shri Nilesh Lanke, MLA from Parner in Ahmednagar district, Dr. Asim Ali Khan, DG, Central Council for Research in Unani Medicine (CCRUM), and Dr. Chandra Shekhar Sanwal, Deputy Chief Executive Officer, NMPB, led the events from different locations.

Dr. Sanwal said that "this effort will give more impetus to the supply of medicinal plants in the country". A total of 7500 medicinal plants were distributed to 75 farmers on this occasion. A target has been set to distribute 75 thousand saplings.

In Saharanpur, Minister of State for Ayush, Government of Uttar Pradesh, Shri Dharam Singh Saini along with Research Officer of National Medicinal Plants Board (NMPB), Shri Sunil Dutt, and officials of Ministry of Ayush also participated. The farmers cultivating medicinal plants were felicitated by Shri Saini. Medicinal plants were distributed free of cost to 150 farmers who came from many nearby districts. These included mainly 5 species of plants - Night-flowering Jasmine (Parijat), Golden Apple (Bel), Margosa Tree (Neem), Indian Ginseng (Ashwagandha) and Indian Blackberry (Jamun). 750 Jamun saplings were separately distributed free of cost to the farmers.

Hon'ble Minister of Ayush, Shri Sarbananda Sonowal said that the country has immense potential in the

field of medicinal plants and cultivation of medicinal plants on 75000 hectares of land will ensure availability of medicines in the country and it will be a big source of income for the farmers. This will make the country self-reliant in the field of medicines. Significantly, in the last 1.5 years, the market of medicinal plants has increased in a big way not only in India but all over the world. This is the reason that Ashwagandha has been the third best-selling product in America.

Further programs being held under 'Azadi Ka Amrit Mahotsav' include launch of Y Break App, distribution of Prophylactic Ayush Drugs, 'Ayush Aapke Dwar' and lecture series for school and college students. The lecture series and webinar on Y Break app were organized on September 5, 2021.

AYUSH-64



"The Ministry had recently launched a distribution drive for AYUSH-64 to combat the second wave of the pandemic. The effort has been appreciated by one and all and motivated the team at Ayush who further planned

this campaign." - Hon'ble Minister of Ayush, Shri Sarbananda Sonowal.

Launch of the immunity kit distribution program for senior citizens and COVID frontline warriors



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal visited NIA Jaipur on September 2, 2021 to launch the immunity kit distribution program for senior citizens and COVID

frontline warriors. He was welcomed by NIA's staff, students and administration and students in particular thanked him for increasing their stipend recently.

Appreciating the Director of the institute, Shri Sonowal said that he was impressed with the hygiene & cleanliness of NIA hospital. Hon'ble Minister also interacted with Hospital staff, UG and PG students of the institute during which he remarked that they should be proud of Ayurveda as it is a part of their own culture. He appealed to the entire Ayurveda fraternity to work unitedly so that India can lead the world through its ancient wisdom of Ayurveda and Yoga.

Ayush Aapke Dwaar in Delhi Launch of 'Ayush Aapke Dwaar' Campaign in Mumbai



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal launched the 'Ayush Aapke Dwaar' campaign from Mumbai under Azadi Ka Amrit Mahotsav initiative. This monumental step will help taking Ayush prescribed medicinal plants to households and deepen awareness about their innumerable benefits.

Ayush Aapke Dwaar in Delhi



Under the 'Ayush Aapke Dwaar' initiative, medicinal plants were distributed at the Ministry of Ayush on September 3, 2021. Hon'ble Minister of State, Ayush, Dr. Mahendra Munjapara was the Chief Guest. Secretary, Ministry of Ayush, Vaidya Rajesh Kotecha was also present at the event.

Ayush Aapke Dwaar in TamilNadu



Ayush Aapke Dwaar in Assam



CEO SMPB, Dr. Jatindra Sarma ji, distributed seedlings in the presence of Shri Atul Bora ji, MLA Dispur.

Hamaara Ayush Hamaara Swasthya



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal's address at 'Hamaara Ayush Hamaara Swasthya' webinar highlighted the Ayush system's curative & preventive approach towards defeating chronic & complex diseases.

Shri Sonowal said that we need to adopt traditional food & diet in our daily routine for a nourished life. Ayush system advocates consuming a balanced diet which is beneficial & keeps the individual healthy.



"Education plays a vital role in saving minds. Our traditional systems of healing are being widely accepted throughout the world and our traditional healthcare system is fully functional" - Hon'ble Minister of State, Ayush, Dr. Mahendra Munjapara.



Webinar on utility of the Yoga Break app



"The GOI has launched Y-Break app under Azadi Ka Amrit Mahotsav initiative to help maintain focus & concentration. I hope people across India will

adopt this simple & effective protocol to reduce stress and improve productivity at the workplace" - Hon'ble Minister of State, Ayush, Dr. Mahendra Munjapara. Shri Munjapara further said that Azadi Ka Amrit Mahotsav is bringing our ancient tradition of Yoga in synergy with technology. Yoga is not just restricted to physical benefits but tremendously improves cognition. Many researches have proven yoga's positive effects on depression, anxiety & even schizophrenia.



"During our long flights & working hours, stretches can help in slowing down inflammatory processes within the body. These asanas & Pranayams are easy to repeat every 3-4 hours." - Shri Kamlesh D Patel during his address at the webinar on 'Utility of Yoga Break App at Workplace'. Shri Patel is the President of Shri Ram Chandra Mission, Global Guide of Heartfulness Institute.

State of Unani medicine in India



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal had a detailed discussion on the state of Unani medicine in India. Secretary, Ministry of Ayush, Vaidya Rajesh Kotecha and Special Secretary, Ministry of Ayush Shri Pramod Kumar Pathak, also participated.

Prof. Asim Ali Khan, Director General, Central Council for Research in Unani Medicine made a presentation and highlighted the achievements of CCRUM including education, training and research initiatives. Prof. Khan also presented a kit of Unani medicine and recent publications of CCRUM to Hon'ble Minister and other dignitaries.



Importance of Poshan Vatika in Alleviation of Malnutrition



"PoshanAbhiyaan aims to encourage convergence among various Ministries to tackle problem of malnutrition. Plantation of Nutritional & Herbal trees under Poshan Vatika would reduce external dependency & make communities Atmanirbhar for their nutritional security."- Hon'ble Minister of State, Ayush, Dr. Mahendra Munjapara.



"The main motive behind launching Poshan Abhiyaan is to address the problem of malnutrition. Aanganwaadi covers 50% of the people who are poor & don't get proper nutrition while Poshan Abhiyaan covers the other 50% who might not be poor but need information about proper nutrition. Ministry of Ayush has been a big part and Ally in tackling the issue of malnutrition."- Secretary, Ministry of Women and Child Development, Shri Indevan Pandey ji at the webinar on "Importance of Poshan Vatika in Alleviation of Malnutrition".

MoU in coordination with Western Sydney University Australia, in virtual mode to appoint an Academic Chair in Ayurveda



All India Institute of Ayurveda under Ministry of Ayush signed MoU in coordination with Western Sydney University Australia, in virtual mode to appoint an Academic Chair in Ayurveda, on September 2, 2021. Ayurveda Academic Chair will be based at Western Sydney University's NICM Health Research Institute, located on West mead campus, with tenure for period of 3-years. Appointment of chair jointly funded by Ministry of Ayush & Western Sydney University & anticipated to commence early in 2022.

Anu Talla



Ayush Aapke Dwar



All India Institute of Ayurveda, New Delhi initiated Ayush Aapke Dwar campaign under Azadi ka Amrit Mahotsav by distributing saplings of medicinal plant (Guduchi) for patients & health care workers. Event was supported by National Medicinal Plant's Board & Ministry of Ayush. Comm. Manish Kataria, Commandant 22 Bn ITBP was invited as chief guest.

Five-minute Yoga-Break at the 47th GB meeting of Rashtriya Ayurveda Vidyapeeth

Senior officials from the Ministry of Ayush along with Rashtriya Ayurveda Vidyapeeth officials observed a five-minute Yoga-Break at the 47th GB meeting of Rashtriya Ayurveda Vidyapeeth.

Diverse and Fulfilling Career Paths in Ayush Systems with Focus on North-Eastern States



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal lighted the lamp to inaugurate the conference on 'Diverse and Fulfilling Career Paths in Ayush Systems with Focus on North-Eastern States', held on September 13, 2021 at the Ayurvedic College, Jalukbari, Guwahati. Hon'ble Minister of Health & Family Welfare, Assam, Shri Keshab Mahanta, also graced the occasion.



Addressing the conference, he said the Centre has increased financial support to states to set up new Ayush colleges from Rs 9 cr. to Rs 70 cr. He said that this will ensure that more Ayush colleges are opened across the country, especially in the North-East under the National Ayush Mission. He added that the Ministry of Ayush has also accorded in-principle approval to upgrade the Government Ayurvedic College in Assam's Jalukbari as 'Centre of Excellence' with support of up to Rs 10 crore. The Ministry of Ayush will provide Rs 6 cr to improve infrastructure of PG institutes. He also announced starting of a Panchkarma Technician course, affiliated to HSSC-NSDC, at Central Ayurveda Research Institute, Guwahati with 10 seats for 10+2 students to produce skilled manpower for Panchkarma

therapy in NE region. He also conveyed that Ministry of Ayush has given the copy of decision to designate Govt Ayurvedic College, Guwahati as a Centre of Excellence. Ministry will provide ₹ 10 crore as preliminary fund to the college for its development. On the occasion, he thanked Hon'ble Prime Minister Shri Narendra Modi for recognising the potential of North East. With its rich natural resources, the region is a hub of traditional systems of medicine. He urged the students to take the opportunities this region presents and become the winners of tomorrow. The



conference is a great opportunity for students of the North East to learn the potential and strength of AYUSH systems. The speeches by industry experts and Invest India will surely enable students to explore more career opportunities in Ayush. Moreover, Ministry of Ayush is ready to accept proposals from NE states for setting up of Ayurvedic colleges. Ministry will provide ₹ 70 crore as financial support for equipment and furniture to these. Also, ₹ 5 crore & ₹ 6 crore will be given to colleges for upgradation to UG & PG levels.

He affirmed the "potential, popularity & credibility" of Ayush systems in the modern-day world. He also praised the fact how Ayush systems are creating a space in the global market for their products.



Dr. Raghvendra Rao, Director CCRYN encouraged students & scholars at the conference on 'Diverse and Fulfilling Career Paths in Ayush Systems with Focus on North-Eastern States', to avail various career opportunities in the field of Yoga & Naturopathy.

Ayurveda Training Modules

The COVID-19 pandemic has forced us to reassess our priorities & being informed about managing and mitigating this disease is of utmost importance. Ministry of Health and Family Welfare, Ministry of Ayush and Department of Personnel & Training have developed Ayurveda training modules. These courses are available on iGOT platform. Names of these courses are as follows:

- Clinical management of COVID-19 (Ayurveda)
- Post COVID care as per Ayurvedic perspective
- Management of persons with high risk of metabolic syndrome

- Communication with Family care givers

Everyone can access these online courses by visiting <http://diksha.gov.in/igot>

Integration of Ayush medicine system into mainstream academic curriculum

'Integration of ayush knowledge into mainstream curriculum being studied'

The education ministry is studying the efficacy of traditional healthcare knowledge and how ayush systems can be integrated into mainstream academic curriculum, ayush minister Sarbananda Sonowal tells Manash Gohain. Excerpts from the exclusive interview:

■ Does the Centre have any plan to introduce alternative/traditional health systems in the new school curriculum? The National Education Policy has already opened new avenues of integrating traditional scientific knowledge in regional languages into the mainstream education system. Also, a committee with ayush ex-

pers has been formed within the education ministry. The efficacy of ayush systems and the scientific base of these systems will be integrated into the curriculum. The process is on and we are hopeful of better results soon.

■ How is the government going to make ayurveda a competitive area of studies?

We have over 400 ayurveda colleges, around 250 homoeopathy colleges, 57 unani colleges, 13 siddha colleges and five sowa rigpa colleges. Numbers are important, but what also matters is quality enhancement. It is for the first time that the status of "Institute of national importance" has been accorded to the Institute of Teaching and Research in Ayurveda, Guwahati. The ministry is developing satellite institutes of national institutes like the National Institute of Homoeopathy in Narela, Delhi. This ministry also provides financial assistance under centrally sponsored schemes of the national ayush mission. We

provide financial assistance for the opening of new ayush colleges in unserved regions. For this purpose, Rs 70 crores has been earmarked.

■ The ministry seems to have a special focus on the northeastern states. Could you elaborate? Ayush's activities in these states have two driving forces. One is the region's socio-cultural mindset and engaging states in an active stakeholder mode for ayush development. All these initiatives will give tangible results in days to come. We are in consultation with the state to develop the Ayurvedic College at Guwahati as a national referral centre for kshar sutra. The directorate of ayush is setting up herbal medicinal expert, Gunarum Khanikar's native village Tetelital (Bengalakhawa) of Go-

laghat as 'ayush gram'. ■ What are your plans in promoting R&D and innovation in traditional and alternative systems? In recent times, especially during the pandemic, the ministry has constituted an interdisciplinary ayush R&D task force and has senior scientists from ayurveda and conventional system of medicine like ICMR, AIIMS etc. This taskforce has designed clinical research protocols for prophylactic studies and add-on interventions in Covid-positive cases.

■ Career incentives is what draws students into a specific area of studies. How can ayush systems be made diverse and fulfilling career paths? We will organise a conference in Guwahati wherein experts from our research councils and national institutes will interact with students of north-eastern states. Students will get a feel of the emerging educational, career and entrepreneurship related aspects in various ayush streams.



Sarbananda Sonowal

Hon'ble Minister of Ayush, Shri Sarbananda Sonowal spoke to Times of India about integration of Ayush medicine system into mainstream academic curriculum.

A Collaboration to Develop the Confidence of the Global Community About Safe and Qualitative ASU&H Drugs

In a Significant Move, PCIM&H of India Joins Hands with American Herbal Pharmacopoeia, Signs an MoU



An MoU was signed between Pharmacopoeia Commission for Indian Medicine & Homeopathy and American Herbal Pharmacopoeia on September 13, 2021.

This will pave the way for strengthening the quality of Ayurvedic and other Indian Traditional Medicine products globally. In a significant step forward, the Ministry of Ayush has paved the way for strengthening the quality of Ayurvedic and other Indian Traditional Medicine products globally and also enhancing their export potential, especially to the USA Market. This has been achieved by signing of a Memorandum of Understanding (MoU) between the Pharmacopoeia Commission for Indian Medicine & Homoeopathy (PCIM&H) and American Herbal Pharmacopoeia, USA on 13th September, 2021.

The MoU was signed virtually and the Ministry of Ayush has entered this MOU with the specific purpose of strengthening, promotion, and development of standards in

the field of Ayurveda and other Indian Traditional systems of medicine between the two countries on the basis of equality and mutual benefit.

This collaboration of efforts will go a long way in enhancing the export potential of the ASU&H (Ayurveda, Siddha, Unani and Homeopathy) drugs. Under this MOU, there will be the constitution of a Joint Committee to develop the action plan along with timelines for the development of Monographs and other activities for cooperation in the field of Traditional Medicine.

The Ministry feels that this MOU will develop the confidence of the global community about the safety of ASU&H drugs. One of the major outcomes of this partnership will be that both PCIM&H and AHP, USA would be working to identify various challenges faced by the herbal market of Ayurveda products/drugs in the USA. This will lead to adoption of Ayurveda standards developed out of this cooperation by the manufacturers of herbal drugs in the USA. This can be termed as a major move and will eventually foster the adoption of Ayurveda standards developed out of this cooperation for the market authorization of ASU&H products/drugs in the USA.

Development of Monographs of Ayurveda & other Indian Traditional Medicine products and herbal products, exchange of technical data for the development of Monographs with due acknowledgement between the parties, training and capacity building, exchange of Herbarium specimens and Botanical Reference Samples and phytochemical reference standards are also the part of MoU. There is an understanding in development of a Digital database on Ayurveda & other Indian Traditional Medicine products/drugs and herbal products and identifying further areas of co-operation for the promotion of quality standards of drugs/products used in Ayurveda & other Indian Traditional Medicine.

This MoU between India and USA is a timely step to add further momentum to the ongoing initiatives of the Ministry of Ayush to strengthen the quality of Ayurveda and other Indian Traditional Medicine products both inland and globally. Ayurveda and other AYUSH medicines have much to contribute in dealing with lifestyle disorders which are the major killers of this century.

Further, the role of ASU&H drugs in promoting the immunity of the body to fight against the prevalent infections is evidence based and worth praising. India enjoys the distinction of having the largest network of traditional health care systems which are widely accepted owing to its wide accessibility, affordability, safety and trust of people. It is the mandate of the Ministry of Ayush to work for promotion and propagation of these systems at international level for its global acceptance.

Through this MoU both the collaborators would strive to recognize the role of standards ensuring the quality and safety of Ayurveda and other Indian Traditional Medicine products. Will ensure an increase in awareness and

understanding of the quality of traditional /herbal medicines and their products.

Link:

<https://pib.gov.in/PressReleasePage.aspx?PRID=1754957>

Ayush Interventions with Special Focus on Ayush Health & Wellness Centres for Development of Modern Kashmir



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal visited Jammu & Kashmir to attend a seminar on 'Ayush Interventions with Special Focus on Ayush Health & Wellness Centres for

Development of Modern Kashmir' on September 16, 2021. The seminar aims to shed some light on:

- Management of common ailments through home remedies & awareness regarding benefits of locally grown herbs/medicinal plants.
- Benefits of Yoga Asans, Pranayams.
- Role of Hijama/ Cupping in management of Musculoskeletal disorders.



The scenic Jammu & Kashmir, pride of India, holds immense potential in AYUSH and has a rich history of traditional systems of medicine. On his first visit to the UT, Shri Sonowal saw an exhibition of various interventions based on AYUSH principles in Baramulla.



Plantation drive at Srinagar



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal joined a plantation drive of 71 medicinal plants to commemorate 71st Birthday of Hon'ble Prime Minister Shri Narendra Modi with students, staff & faculty of Regional Research Institute of Unani Medicine at Srinagar. Shri Sonowal inspected the institute and sought more information about ongoing research in Unani.

Inauguration of the first batch of Bachelor of Unani Medicine and Surgery (BUMS) course at Government Medicinal College and Hospital, Nawab Bagh, Ganderbal



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal visited Ganderbal district on September 17, 2021 to inaugurate the first batch of Bachelor of Unani Medicine and Surgery (BUMS) course at Government Medicinal College and Hospital, Nawab Bagh, Ganderbal. The Hon'ble Minister addressed the gathering during this historic moment & remarked that this institution will go a long way to promote the indigenous systems of medicine in J&K. He also thanked Hon'ble Prime Minister Shri Narendra Modi for working tirelessly for the development, peace and integrity of the whole nation and congratulated the students who got admission in the first batch of BUMS. The college has an annual intake capacity of 60 students for this course along with a 60 bedded hospital and 7 clinical departments.

Visit to Ayush office complex in Janakpuri



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal visited and interacted with senior officials/researchers of various Ayush research councils during his visit to Ayush office complex in Janakpuri on September 18, 2021. He also interacted with officials of National Commissions of Ayush. He discussed important research dimensions of various councils under Ayush at great length with the senior officials.

Visit to Central Ayurveda Research Institute and the Regional Research Institute for Homoeopathy



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal inspected the Central Ayurveda Research Institute and the Regional Research Institute for Homoeopathy, under Ministry of Ayush, in Guwahati and interacted with the researchers and staff. He said that Ministry of Ayush is taking all steps to fulfill Hon'ble Prime Minister Shri Narendra Modi's vision of taking Ayush to the world. He urged the scientists to further explore the resources of Assam & North East and strengthen our traditional systems of medicine.

Vanijya Utsav: Showcasing India as a Rising Economic Force

Hon'ble Minister of Ayush, Shri Sarbananda Sonowal attended 'Vanijya Utsav: Showcasing India as a Rising Economic Force' as part of Azadi Ka Amrit Mahotsav, in Aizawl via Video Conference. He stated that Mizoram, with its natural resources, scenic beauty & strategic location, will climb greater heights. Hon'ble Minister for Health & Family

Welfare, Higher & Technical Education, Commerce & Industries Dept., Government of Mizoram; Dr. R Lalthangliana was also present at the inaugural session.

Remembering Padma Sri Dr. P R Krishnakumar



Secretary, Ministry of Ayush, Vaidya Rajesh Kotecha participated in the webinar series, Prachaar in remembrance of Padmasri Dr. P R Krishnakumar, the erstwhile head of the AVP group of institutions in Coimbatore on his 70th birth anniversary. Vaidya Kotecha paid his tribute to the legend who adorned multiple roles with lifelong vision of globalization of Ayurveda and the impact of his choices opened a wide gateway for reforms in Research, Education and Treatment.

Ayush Initiatives & Ayurvedic wisdom for Global Health



PHD Chamber in association with the Ministry of Ayush, organized a webinar on 'Ayush Initiatives & Ayurvedic wisdom for Global Health'. The webinar aimed at

highlighting Ayurveda's pivotal role in boosting immunity & preventing people from COVID-19. Chief Guest, Dr. N Srikanth, Director, Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of AYUSH shared WHO guidelines for determining the quality & safety of Ayurvedic medicines. He further mentioned that council is working on various clinical safety trials to ascertain the efficacy of Ayurveda products.

Inauguration of Rathnashree Arogyadhama



An extended unit of Sri Dharmasthala Manjunatheshwara Ayurveda Hospital, Udupi was inaugurated by Hon'ble Minister of Ayush, Shri Sarbananda Sonowal on September 25, 2021.

Inauguration of Govt. District Wenlock AYUSH Hospital, Mangalore



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal inaugurated the Govt District Wenlock AYUSH Hospital in Mangalore on September 25, 2021. The 50-bed hospital is a great addition to AYUSH healthcare facilities of the region and will provide huge benefits to the people.

Yoga connects the Himalayas with the Alps



Hon'ble Minister of State for External Affairs and Culture, Smt. Meenakashi Lekhi, participated in a session of Yoga at Embassy of India, Berne with Swiss yoga teachers and practitioners in September 28, 2021. Yoga connects the Himalayas with the Alps.

Visit to Regional Ayurveda Research Center at Agartala city



Hon'ble Minister of State for Ayush, Dr. Munjapara Mahendrabhai visited Regional Ayurveda Research Center at Agartala city on September 29, 2021.

Visit to Government Homoeopathy Hospital & Government Ayurvedic Hospital



Hon'ble Minister of State for Ayush, Dr. Munjapara Mahendrabhai visited Government Homoeopathy Hospital & Government Ayurvedic Hospital on September 29, 2021 and interacted with doctors and

other staff at Agartala.

Visit to Regional Research Institute of Homoeopathy, Agartala



Hon'ble Minister of State for Ayush, Dr. Munjapara Mahendrabhai visited Regional Research Institute of Homoeopathy, Agartala on September 30, 2021. Dr. Munjapara interacted with team and distributed nutrition kits to Anganvadi beneficiaries. He also shared some great moments with orphans and divyang kids by playing cricket with them.

Professor Ayushman



Professor Ayushman is just around the corner. Check out all the wonderful medicinal plants our very own superhero will be teaching you about!

Interaction with officials of Ministry of Ports, Shipping and Waterways and Ministry of Ayush



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal interacted with the officials of Ministry of Ports, Shipping and Waterways and Ministry of Ayush. Shri Sonowal urged them to brainstorm ideas and work out future roadmap of both ministries.

Meeting with scientists from all the research councils under Ministry of Ayush



Hon'ble Minister of Ayush, Shri Sarbananda Sonowal met with scientists from all the research councils (CCRAS, CCRH, CCRUM, CCRYN, CCRS) under Ministry of Ayush in New Delhi on September 30, 2021. Discussed ways for promotion, propagation and scientific validation of traditional systems of medicine.

Promoting traditional forms of medicine through Ayush!

