Prime Minister conferred Yoga Awards, released commemorative postal stamps on great Master Healers of AYUSH and launched 10 AYUSH Health & Wellness Centres

MoU between Ministry of AYUSH and Ministry of Health & Family Welfare

Hon'ble Minister of State, Ministry of AYUSH (I/C) and Minister of State, Ministry of Defence, Shri Shripad Yesso Naik and Hon'ble Minister of State, Ministry of Health and Family Welfare, Shri Ashwini Choubey. Senior officers of the Ministries were also present.

General Body meeting of CCRUM

Hon’ble Minister of State, Ministry of AYUSH (I/C) and Minister of State, Ministry of Defence, Shri Shripad Yesso Naik interacted with a team of Himalayan Mountaineering Institute, Darjeeling in New Delhi. The team will undertake expedition to Mt. Elbrus (5,642 m) in Russia.

National Conference on Varmam


Hon’ble Prime Minister Shri Narendra Modi conferred Yoga awards to the winners of PM’s Award for Outstanding Contribution for Promotion and Development of Yoga on August 30, 2019 at New Delhi. These awards were announced during the International Day of Yoga, 2019 at Ranchi along with the two winners of the previous year in an event being organized by the Ministry of AYUSH. Prime Minister also released a set of 12 commemorative postal stamps complementing the commitment of the Ministry of AYUSH to the great work and achievements of the great Master Healers of AYUSH Systems. Prime Minister also launched 10 AYUSH Health & Wellness Centres (AYUSH HWCs) located in Haryana, in line with Ministry of AYUSH’s commitment to make 12,500 AHWCs functional in next three years. Winners of the year 2019 Yoga Awards are - Swami Rajarshi Muni of Life Mission, Gujarat in Individual-National category; Ms. Antonietta Rozzi, Italy in Individual-International category; Bihar School of Yoga, Munger, Bihar in Organisation-National category and Japan Yoga Niketan, Japan in Organisation-International Organisation category. Winners of 2018 Yoga Awards are Shri Vishwas Mandalik Yoga Institute, Mumbai. Further, AYUSH components have been integrated in Health and Wellness Centres under Ayushman Bharat. These Centres will be complementing the National Health Policy, 2017 that insisted upon integration and mainstreaming of AYUSH services in conventional health care delivery system.

MoU between Ministry of AYUSH and Ministry of Health & Family Welfare signed a MoU on July 19, 2019 to forge a collaboration for the “Tuberculosis Free India” initiative. This collaboration aims to develop linkages and to integrate TB care services within the infrastructure and institutional network of AYUSH. The MoU was signed by Secretary, Ministry of Health and Family Welfare, Smt. Preeti Sudan and Secretary, Ministry of AYUSH, Vaidya Rajesh Kotecha in the presence of Hon’ble Minister of Health and Family Welfare, Shri Harshvardhan, Hon’ble Minister of State, Ministry of AYUSH (I/C) and Minister of State, Ministry of Defence, Shri Shripad Yesso Naik and Hon’ble Minister of State, Ministry of Health and Family Welfare, Shri Ashwini Choubey. Senior officers of the Ministries were also present.

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National Conference on Varmam

Secretary, Ministry of AYUSH, Vaidya Rajesh Kotecha visited the "Ibne-al-Baitar" Herbal Garden of Central Research Institute of Unani Medicine (CRIUM), Hyderabad on July 23, 2019. Shri Kotecha complimented the Herbal Garden team and wrote words of appreciation in the Visitor's Book.

6th India Wellness Conclave

Speaking at the 6th India Wellness Conclave 2019 - Nurturing the Wellness Industry for a Healthier and Happier India", organised by FICCI on July 24, 2019, Joint Secretary, Ministry of AYUSH, Shri P N Ranjit Kumar, said that with India targeting to become a USD 5 trillion economy by 2024, the contribution of the wellness industry is poised to be USD 50 billion at current growth rate. "However, we should aim for a faster growth to make it USD 100 billion industry and centre of new India growth story," he said. Stressing that yoga was gaining popularity world over, Shri Kumar said that while there were 85 lakh people who participated on the International Day of Yoga in 2016, it rose to 2.8 crore in 2017, 9.5 crore in 2018 and 13 crore this year according to provisional figures. "These are people who follow the yoga protocol on their own without compulsion. It's not about yoga. It's about wellness, about maintaining one's own health, taking care of self and about a happier India," he said. The government is setting up Naturopathy Certification Board on the lines of Yoga Certification Board, Shri Kumar added.

MoU signed between MOA and MeitY

Ministry of AYUSH and Ministry of Electronics and Information Technology (MeitY) signed MOU on July 1, 2019 at New Delhi for collaborating with each other for digitization of AYUSH Sector. MeitY has agreed to advise and give technical support to MOA for planning and development of AYUSH GRID Project.

MoU signed between MDNIY and BPR&D

Memorandum of Understanding was signed on July 3, 2019 between Morarji Desai National Institute of Yoga (MDNIY) and Bureau of Police Research & Development (BPR&D) for conducting Yoga Teachers Training Programme and also to impart Yoga training for the health and wellness of the police personnel and their family members.

Regulatory Training Program

Continuing the AYUSH Ministry's efforts to streamline drug regulation in the AYUSH Sector, a Regulatory Training Program was organized at National Institute of Indian Medical Heritage, Hyderabad from July 11-12, 2019.

Fourth Regulatory Training Programme at Regional Ayurveda Research Institute

Continuing the Ministry's efforts to streamline drug regulation in the AYUSH Sector, the 4th Regulatory Training Programme was organised at Regional Ayurveda Research Institute for Skin Disorders (RARISD), Ahmedabad during July 25-26, 2019.

National Seminar on Intellectual Property Rights

A one-day National Seminar on Intellectual Property Rights was organised on July 10, 2019 by CCRUM, Ministry of AYUSH at CRIUM, Lucknow. Additional Secretary, Ministry of AYUSH, Shri Pramod Kumar Pathak was the Chief Guest of the event. The dignitaries present included Advisor (Unani), Ministry of AYUSH, Dr. Mohd Tahir; DG, CCRUM, Prof. Asim Ali Khan and CMD, NRDC, Dr. Purshotam.

Nod of endorsement for Ayurveda and other AYUSH therapies from the new British PM Boris Johnson

The British Prime Minister Boris Johnson’s first day in the House of Commons on July 25, 2019 also saw him giving a nod of endorsement for Ayurveda and similar therapies, as per media reports. “I think it is very important that we have an open mind about Ayurvedic medicine and other such therapies, but we should approach it on the basis of science first”, he said. The British Prime Minister’s statement was in total alignment with Government of India’s stated policy of promoting and developing the AYUSH systems of medicines on scientific lines and supported by evidence-based research. The Prime Minister was replying to a query from Mr. David Tredinnick, Conservative MP from Bosworth in Leicestershire, who is known for his affinity for alternative medicine.

AYUSH Ministry considering proposal to give Yoga Asanas status of Sports

The Ministry of AYUSH is working on a proposal to give “yoga asana” the status of sports to promote it and pave the way for its possible inclusion in Olympic games. The National Board for Promotion and Development of Yoga and Naturopathy has recommended recognising yoga asanas as a sport so that more youths adopt it, a government official said. “Promoting it as a sport will be an added attraction for the youth. So maybe by the time we have the Olympics in 2036 or 2040, yoga asanas may find a place in the mega event,” an official said, adding there were very few sports of eastern, Asian or Indian origin in the international sports arena. Joint Secretary, Ministry of AYUSH, Shri P N Ranjit Kumar said the proposal is currently under consideration and the Ministry is in talks with the Sports Ministry over the issue.

Economic Survey 2018-19 includes a special comment on Homoeopathy

Organisation of 5th Regulatory Training Programme at CARIDD

Continuing the Ministry’s efforts to streamline drug regulation in the AYUSH Sector, the 5th Regulatory Training Programme was organised at Central Ayurveda Research Institute for Drug Development (CARIDD), Kolkata from August 8-9, 2019.

Janani Scheme of Government of Kerala

‘JANANI’ scheme of Government of Kerala has popularised the system of Homoeopathy treatment for infertility in public health facilities. In July to December 2012, the launch year of the pilot project JANANI, the number of infertility cases treated at Kannur district was less than 100. However, over time there has been exponential growth in the number
of infertility cases being registered and treated at Kannur District Homeopathy Hospital. There is immense scope and potential in expanding the Ayush systems of treatment for attaining the universal healthcare goals set by India. Recognising the significance of alternative systems, government has approved the continuation of the National Ayush Mission (NAM) from April 1, 2017 to March 31, 2020 with an outlay of Rs. 2,400 crore over the 3-year period.

Master Healers of Ayush

**Maharishi Mahesh Yogi**

Maharishi Mahesh Yogi is one among the personalities figuring in the commemorative set.

**Vaidya Yadav Trikamji Acharya**

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**Swami Kuvayanananda**

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**Vaidya Shastri Shanar Daji Pade**

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**Vaidya Mohammad Abdul Azeem Lahnavi**

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**Vaidya Bhaisapati Dev Triguna**

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**K Raghunath Thirumulpad**

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**T.V. Sambasivam Pillai**

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**Hakim Mohammad Kabiruddin**

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**Dr. G K Saxena**

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**Dr. Dinesh Mehta**

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**Vaidya Bhumkha Vishwanath Ghodke**

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**Amrita: An Interesting Fact**

Amrita (Tinospora cordifolia) is one of the most highly valued herbs in Ayurveda. It is commonly found in different parts of the country. Popularly known as “Guduchi” or “Giloe”, it is widely used in the treatment of various diseases in traditional ayurvedic practice.